

## GAMBLING CAN GIVE PATHOLOGICAL ADDICTION

### What is Gambling?

With the term "GAMBLING" is meant all games whose result is left to chance and then the player's skill affects for little or nothing.

### Which is gambling games?

The most popular gambling games are slot machines, scratch cards, lotto, lottery, bingo, racing, sports betting, card games in general, some on-line games and all the games that you can play inside rooms.

### Why do you play?

You can play for many reasons, for simple fun or to challenge your luck and destiny. The purpose is usually to show your skills searching a better life.

### When does the game become a pathology?

- When it is no longer only an occasional moment of leisure,
- When you use all your available money, maybe making debts,
- When you are no longer able to control the eagerness to play,
- When you become irritable and bad-tempered if you don't play or lose the game,
- When you think obsessively only about playing,
- When you play in the hope of recovering your losses, looking for big winnings
- When the game becomes the only activity you crave

**WARNING: EVEN IF ONLY ONE OF THESE SIGNS APPEARS  
IT IS POSSIBLE THAT THE GAME BECOMES A PATHOLOGY**

**Gambling can be addictive: so if you find that it is becoming a problem, if you suspect that you are turning into a "pathological gambler", with big problems and complications for yourself and your family**

**STOP, THINK ABOUT IT, ANSWER THE QUESTIONS BELOW IN YOUR MIND AND DISCOVER  
IF YOU MAY HAVE SOME PROBLEMS WITH GAMES**

1. Have you ever felt the impulse to play always higher amounts of money?  
 YES       NO
2. Do you want to hide people that you are playing and how much you spend to play?  
 YES       NO
3. Have you ever felt desire to stop gambling, but you could not?  
 YES       NO

**IF YOU HAVE ANSWERED YES AT LEAST TO ONE OF THESE QUESTIONS YOU MAY HAVE A PROBLEM WITH  
GAMES, THAT CAN LEAD YOU TO A STATE OF PATHOLOGICAL DEPENDENCE, IF NEGLECTED**

**For information about care services, please contact the Local Public Health Relations Office:**

**phone 0651004555 or 0651004552**

**e-mail: relazioni.aziendali @ aslrmc.it**